

435 Fort Washington Avenue, Suite 1C, New York, NY, 10033 Tel: (212) 923-0408 - Fax: (646) 657-0037 or (212) 923-4032 www.josegoris.com

Standing Order Procedure

At Jose Goris MD PC the practice will follow the procedure list below for issuing standing orders for our most frequent diagnosis

To schedule routine standing orders Jose Goris MD PC will follow the process:

- 1. Call a the patient and create telephone encounter
- 2. Create an appointment in the Lab schedule if necessary
 - a. Document conversation in details, who was spoken with and any other relevant details coming for Appt on (Date)
- 3. Time Stamp
- 4. Assigned telephone encounter to staff member for tracking and Compliance verification.

For Specialist and Diagnostic Imaging:

Most Include

- 1. Reason: Ex Annual Mammogram
- 2. Diagnosis Code: v76.12
- 3. Include Notes: Ex Pt is coming for referral on (Date) 2/16/2011

Laboratory Testing:

Most Include

- 1. Book in lab Schedule only
- 2. Indicate Visit Type: Lab Visit
- 3. Reason for Appoint or Lab Test need to be performed on patient

Diabetes All

Referrals

- Ophthalmology Yearly
 - o Reason: Prevent Retinopathy
 - Podiatry: Yearly
 - Reason: Prevent Amputations
 - Dentist: Yearly
- o Reason: Prevent Gum Disease / Teeth Decay
 - Nutritionist:
 Yearly

 o
 Reason: Prevent Obesity
 - Cardiology: Yearly
 - Reason: Prevent Diabetes Cardiopathy

Yearly

Labs

- HBA1C > 9 3 Months
- HBA1C between 7-9 6 Months
- Lipid Panel
 - Urine Diabetes Yearly
 - Nephropathy/Micro Albuminuria

Diagnostic Imaging

• EKG: 794.11 Yearly

Reason: *Diabetes Management* Diagnosis Codes: **250.00**, **250.02**, **250.4**, **250.6**

HTN

Referrals

- Cardiologist: Yearly if 40 a 50 Uncontrolled 50 > Yearly
 - o Reason: Prevent CHF, CAD
 - Ophthalmology: Yearly
 - Reason: Prevent Hypertensive Retinopathy

Lab Tests

•

- Lipid Panel Yearly
- If abnormal 6 Months
- Hypertensive Yearly Nephropathy/ Urine Analysis

Diagnostic Imaging

- EKG: 794.11 Yearly
- Chest XRAY Yearly

Reason: *HTN Management* Diagnosis Code: **401.9**, **401.2**, **402.10**, **402.11**

Hyperlipidemia

Lab Tests

- HDL
- LDL
- Triglycerides
- Total Cholesterol

Reason: *Hyperlepidemia Management and Prevent Atherosclerosis* Diagnosis Code: **272.4**

Note: if elevated levels, routine checkups depending on levels results.

Asthma

Labs

Respiratory Allergy Once if not done
 Panel

Yearly

Diagnostic Imaging

- Chest XRAY Yearly
- Spirometry Yearly

Reason: Address Pulmonary Function

Diagnosis Code: **493.90** Note: Earlier testing depending on clinical condition.

Preventive Cancer

GYN: 21 + Yearly or when sexually active

Reason: *Annual GYN Exam* Diagnosis Code: **V76.2**

Referral

- Vaginal Pelvis Exam
- o Breast Exam

Papsmear
 G/C Urine Probe < 21 Yearly DNA

Mammography: 50 + Yearly or 40 if family history of Breast Cancer

Reason: *Breast Cancer Screening* Diagnosis Code: **V76.12**

Colonoscopy: At 50 then it depends on results or 40 if family history of colon cancer

Reason: *Colon Cancer Screening* Diagnosis Code: **V76.51**

Preventive Chronic Medication Toxicity

Medications

• Digoxin

Yearly

- Depakote
- Dilanten
- Phenobarbital
- Lithuin Levels Bipolar Disoder
- Coumadin
- 4 Wks if normal As nneded if abnormal